



Thomas Jefferson Memorial Church Unitarian Universalist

Adult Faith Development

Fall Semester 2010

Unitarian Universalists and Social Justice: A People So Bold

This course will utilize portions of a DVD capturing highlights from a recent convocation of leading theologians, ministers, and activists who met to discuss “how might congregations be beacons of UU values for the larger world. How do we understand suffering, oppression, injustice in the light of our faith?” We will view the video and discuss the ideas together with the hopes of:

- equipping individuals to reflect on social justice deeply and meaningfully
- offering wisdom, thought, and inspiration that nurtures UUs work for justice
- sparking further conversation on theology and social justice
- inspiring actions that serve the greater good

This course is intended for participants who wish to deepen their understanding of UU theology and enliven their commitment to social justice work. It will also provide the opportunity to strengthen a connection to leaders in our wider denomination and to others in our own congregation.

Facilitator: Pam Philips. Pam has been active at TJMC for over twenty years, serving in a variety of roles including worship associate, YRUU advisor, board member, and committee chair. She has also served a member of a variety of our congregation’s task forces and committees.

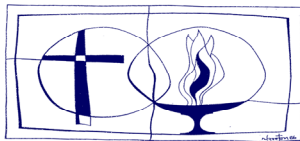
Date: Mondays, October 4, 11, 18, 25; November 1, 8, 15, 22

Time: 7–8:30 PM

Place: Summit 1

Fee: \$10

Participants: 5 minimum and 12 maximum



Building Your Own Theology

BYOT, as it is affectionately known, is a course created by the Rev. Richard Gilbert and is relevant for all who are interested in learning about and creating their own UU theology. Participants can range from the most recent newcomer to the most seasoned member. The course has recently been revised, so even if you took it in the past, it is time to take it again.

Facilitator: Rev. Dr. Janet Newman, Interim Minister. Janet has been a UU since 1968 and a minister since 1983. As a life-long learner herself, she finds that teaching helps her learn better. She is enjoying TJMC-UU and Charlottesville very much.

Date: Mondays, October 4, 11, 18, 25; November 1, 8

Time: 7–9:00 PM

Place: Parlor

Fee: No Fee

Participants: 8 minimum and 15 maximum

How To Meditate

We know that meditation can reduce our blood pressure, increase our mental clarity, and enrich our lives. Yet few of us practice regularly. It could be you have not found the discipline that suits your personality. Join Anne Clarke in exploring a variety of meditation techniques from the world’s great traditions. One of them may inspire you to practice.



Facilitator: Anne Clark. Anne’s meditation practice began in 1991 and has continued, sometimes consistently, since. She has taught several meditation classes over the years and finds that helping others discover the method that suits them invigorates her own practice.

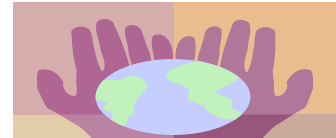
Date: Tuesdays, October 5, 12, 19, 26; November 2, 9

Time: 7–8:30 PM

Place: Summit House Room 3

Fee: \$8

Participants: 6 minimum and 12 maximum



Building Community Resilience in Response to Peak Oil, Climate Change, & a No-Growth Economy

We live in exciting times. As the demand for oil outpaces supply in the coming decade or so, national economies will be forced to contract. As climate change disrupts agricultural systems worldwide, we will need to adapt the way we procure food, power our homes, manage our finances, and get from one place to another. This course offers participants a chance to learn about the possible impacts of Peak Oil, climate change, and economic turmoil and to begin assessing how they might adapt their lifestyles and help to make their communities more resilient. Following an overview of Peak Oil and the U.S. economy, the course will offer a series of guest speakers addressing such topics as gardening for maximum food production, harvesting rainwater, weatherizing the home, and financial planning. Throughout, participants will be encouraged to share their psychological and spiritual process as they try to face the changes awaiting us. Those who are interested are welcome to attend the first class and decide after that if they would like to sign up.

Facilitator: Nancy Hurrelbrinck. Nancy is a writer and activist who has been learning about and preparing for Peak Oil since 2006.

Date: Sundays, October 3, 10, 17, 24, 31; November 7

Time: 3:30–5:30 PM

Place: Social Hall (October 3) & Parlor

Fee: \$8

Participants: unlimited



Women’s Spirituality Group

Join in nourishing your inner resources while enjoying the wealth of community. We will use ritual and sharing to explore the feminine aspects of the divine. Our time together can enrich the decisions we face in daily life. Please commit to the whole session (although we understand you might miss once or twice) so that we can build trust and depth. Our first meeting will be especially important.

Facilitator: Alexandra McGee. Alexandra serves TJMC this year as part time Transitional Ministry Associate. She has been part of women’s circles and retreats for decades and has studied feminism in religion.

Date: Thursdays, October 7, 14, 21, 28; November 4, 11

Time: 6:30–8 PM

Place: TBA

Fee: \$10

Participants: 5 minimum and 14 maximum



UU World Discussion Group

Twice-monthly meetings to talk about “anything” (advertisements, art work, poetry, editorials, columns, book reviews, and so on) from recent editions of UUWorld Magazine. General facilitation and conversation starters by Holly Dilatush, with discussions focusing on the interests of the participants. The discussion questions included/provided in each issue of UU World will be used as additional starting points for our lively interactions. Please email Holly at holly@dilatush.com if you wish to be on an email reminder list for the group. Co-facilitators are welcomed!

Facilitator: Holly Dilatush. Holly has been a member of TJMC-UU for over ten years. She has her masters in Adult Education and Training, has worked in various adult teaching and coordinating positions (currently teaches English to speakers of other languages, online), and enjoys open dialogue on topics relating to UU principles. She is the current chair of the Adult Faith Development Committee.

Date: Second & Fourth Tuesdays

Time: 6:30–8 PM

Location: Green Room

Participation: unlimited



A Transylvanian Travelogue

In May 2010, church members Jean Sorrells-Jones and George Jones visited TJMCs Partner Church in Transylvania. It turned out to be a once-in-a-lifetime opportunity to step into a Unitarian culture with 400 year old roots, meet warm and welcoming new friends, and visit a village where our great-grandparents would have felt at home. Come join us for pictures and discussion of our experiences in Olteviz, Romania and learn about Partner Church relationship.

Facilitators: Jean Sorrells-Jones & George C. Jones. Jean and George have been UUs for thirty years, and are long-time members of TJMC.

Date: Sunday, November 14

Time: 1–2:15 PM

Place: Parlor

Fee: \$2

Participants: unlimited



Harvest the Power:

Leadership as a Spiritual Journey

Have you considered becoming a lay worship leader, a leader of children or youth, or a member of a committee, task force, or governing board? Would you be more likely to volunteer for a leadership position if you could experience leadership as challenging, yet rewarding, and an opportunity for spiritual growth as well as skill development? This fall, the Leadership Development Committee will offer the first two sessions of a new UUA curriculum called *Harvest the Power*, a program designed to provide leadership skill development while also providing intentional faith development for both new and experienced leaders. Weaving in Unitarian Universalist Principles and values, the workshops offer opportunities for participants to grow in spirit while growing as leaders, and helps congregations develop and strengthen leaders in a way that honors the gifts each brings. Come join us in November and December for two vibrant two workshops and make your leadership journey a fulfilling spiritual journey. For more information on *Harvest the Power*, go to <http://www.uua.org/religiouseducation/curricula/tapestryfaith/harvestpower/index.shtml>.

Facilitators: The Leadership Development Committee and selected leaders from TJMC and the community. There will be two to three facilitators per session; all will have demonstrated leadership skills and experience and will be selected specifically to complement the content of the sessions.

Date: one session in November TBA
one in December TBA

Time: TBA

Place: TBA

Fee: \$5

Participants: 6 minimum and 15 maximum



Building the World We Want: From Just Us to Justice ***Thomas Jefferson District Anti-Racism Conference***

On Sunday morning, do you see the multicultural congregation you've imagined? The Committee for Racial and Ethnic Unity (CREU) at First UU Richmond welcomes you and hopes to see you October 8–10 for *Building the World We Want: From Just Us to Justice*, this year's TJ District Anti-Racism Conference. Below are highlights about the exciting program in store for you. You may also consult the TJ District conference page for more details about the 2010 A-R Conference or go directly to the online registration form (register by Wednesday, September 15, to take advantage of the reduced rate of \$55).

Opening Worship & Presentation: (Friday, October 9, 7–9 PM) with a feature presentation by Jim Key and Rev. Nan White about the experience of the Beaufort, SC, congregation entitled *Building Community by Building on a Legacy*

Keynote Address: Race, Place, & Opportunity: The Role of Structures in (Re)Producing Inequality (Saturday, October 10, 9–10 AM) by John A. Powell, "an internationally recognized authority in the areas of civil rights, civil liberties, and issues relating to race, ethnicity, poverty and the law."

Lunch presentation (Saturday, October 10, 2:15–1:15 PM): Dr. Leon Spencer will discuss the book he co-authored about the history of UU anti-racism work, *The Arc of the Universe is Long*.

Concurrent Sessions: (Saturday, October 10, 10:15–11:45 AM & 1:15–2:45 PM.) **Understanding Race and Place:** Dr. Andrea Simpson, University of Richmond. **Race, Poverty, & Locality:** Dr. John V. Moeser, Bonner Center for Civic Engagement. **The TJ District Name: How Open is this Door to Our Faith?**

Jim Key, TJ District President. UUA Tools for Diversity & Anti-Racism: Dr. Leon Spencer, Paula Cole Jones, Dr. Mark Hicks, and Bob Gross (UU authors, scholars, consultants, and lay leaders who know these tools firsthand.) **Standing on the Side of Love for Immigration Reform:** Annette Marquis, TJ District Executive.

Afternoon Plenary: (Saturday, October 10, 3–4 PM) Paula Cole Jones will lead a congregational assessment activity

Richmond Slave Trail Walk: (Sunday, October 11, 11 AM–1 PM) Join an experienced volunteer for a guided walk that "chronicles the history of the trade of enslaved Africans from Africa to Virginia until 1775, and away from Virginia, especially Richmond, to other locations in the Americas until 1865."

Date: October 8-9, 2010

Place: The First Unitarian Universalist Church of Richmond, 1000 Blanton Avenue, Richmond, VA

Fee: A special discounted rate (\$65 plus taxes) for the ARC has been negotiated with the Holiday Inn Central, 3207 North Blvd, Richmond, VA 23230, 804-359-9441. Tell the clerk that you are registering as a part of the First Unitarian Universalist Church conference.

Lodging: Home hospitality is being offered on a first-come, first served basis. You may request it when you register.

Registration: Go to <http://www.tjdistrict.org/newsevents/antiracismconference.html>

Paid before Friday, September 17, \$55/person.



Thomas Jefferson Memorial Church - Unitarian Universalist

Adult Faith Development

717 Rugby Road, Charlottesville, VA

22903-1626

434-293-8179

Adult Faith Development Class Registration Form

		<u># Enrolling</u>	<u>Fee</u>
Unitarian Universalists and Social Justice: A People So Bold	\$10	_____	_____
Building Your Own Theology	No Fee	_____	_____
How to Meditate	\$8	_____	_____
Building Community Resilience in Response to Peak Oil, etc.	\$8	_____	_____
A Transylvanian Travelogue	\$2	_____	_____
Women's Spirituality Group	\$10	_____	_____
Harvest the Power: Leadership as a Spiritual Journey	\$5	_____	_____
UU World Discussion Group	No Fee	_____	_____

Make check out to TJMC - AFD with the class name noted on the memo line. Total Enclosed \$_____

Your Name _____ Phone/Email _____

Address _____

Send form to TJMC (attn: Leia Durland-Jones) at 717 Rugby Road, Charlottesville, VA 22903-1626